

Congratulations on qualifying to the

Xcel Gold, Platinum & Diamond Regional Championships

MAY 1-3, 2020

*All meet information can be found at www.championgymnasticsusa.com and
at <https://www.region5.com/page/show/5613697-regional-meets>*

Location

GRAND VALLEY STATE UNIVERSITY FIELD HOUSE ARENA

10915 N. Campus Drive
Allendale, MI 49401

Parking is free & school is not in session

Meet Director

TAMI SCHAAFSMA

tamischaaafsma27@gmail.com
616.318.6721

Equipment

AAI equipment provided by Midwest Gym
Supply

Entry Information

\$90 per gymnast

Checks payable to:

Champion Gymnastics Boosters

Mail to:

Champion Gymnastics USA
2424 VanOmmen Drive
Holland, MI 49424

Admissions

Admissions are **CASH ONLY**

\$10 Adults
\$ 5 Children (5-12)
\$ 5 Seniors

Qualifying

GOLD

35.50 AA or 9.0 for IES at state meet

PLATINUM & DIAMOND

35.00 AA or 9.0 for IES at state meet

There are no petitions for Xcel Regionals.

Meet Format

Modified Capital Cup format with two competition gyms (Gym A and Gym B). Each gym will have one floor exercise, two vaults, two uneven bars, and two beams. There are no tumble strips.

State team sessions rotations will be announced. All Star sessions will have continuous rotations.

State Teams

GOLD

State Team A - 9 gymnasts
State Team B - 9 gymnasts

PLATINUM

State Team A - 8 gymnasts
State Team B - 8 gymnasts

DIAMOND

State Team A - 8 gymnasts

The A and B state teams for each division will compete in the same session in different flights. If you have athletes on both teams in the same division, please plan accordingly with coaching.



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Refunds

Refunds will be given for illness and/or injury as long as requests have been received by the deadline and are accompanied by a doctor's note. The deadline for refunds is Tuesday, April 21st.

Not making a state team or having other conflicts will not be considered for refunds.

Coaches

All coaches will be required to check in at the coaches check in table upon arrival.

Coaches that are pre-registered have already been verified through USA Gymnastics. Any coach that is not on the pre-printed list will be required to show a current USA Gymnastics Membership card.

If we have to look up your information on site, you will be charged \$10.

Only credentialed coaches will be allowed on the floor. The number of credentials will be based on the number of athletes.

1 - 4 gymnasts - Max of 3 credentials
5 - 9 gymnasts - Max of 4 credentials

Contact Dave Stiles, RACC at d.b.stiles@att.net if you have more than 9 gymnasts.

Coaches Hospitality

Coaches Hospitality will be provided throughout the weekend. We will be serving meals at lunch and dinner only. We will not be serving breakfast but beverages, including coffee, will be available in the morning and throughout the day.

Credentialed coaches with back-to-back sessions that surround the mealtimes will be given a meal ticket(s) at check-in.

Concessions are available on-site and there are many restaurants just a short drive away from the venue for those without consecutive sessions.

Competition Schedule

The competition schedule will be posted a minimum of 14 days before the competition begins. However, our goal is to have it released by Monday, April 13th. Schedules will be emailed to gyms and posted on both the meet website and the Region 5 website.

Please note that the schedule cannot be released until all Xcel state meets are completed, scores are verified, and schedule is approved by the Region 5 committee.



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Hotels

Courtyard by Marriott Downtown

11 Monroe Ave NW
Grand Rapids, MI 49503
616-242-6600

\$159/night plus taxes (Standard 2 Queens or 2 Doubles)
Group Name: Xcel Gymnastics
Reservation deadline: April 2, 2020

Embassy Suites Grand Rapids Downtown

710 Monroe Ave NW
Grand Rapids, MI 49503
616-512-5700

\$169/night plus taxes (2 Queen Suite)
Group Name: 2020 Xcel Regional Gymnastics Meet
Reservation Deadline: March 30, 2020

Hampton Inn Grand Rapids North

500 Center Drive NW
Grand Rapids, MI 49544
616-647-1000

\$119/room plus taxes (King w/ Pullout or Two Queen)
Group Name: Xcel Gymnastics
Reservation Deadline: April 1, 2020

Holiday Inn Express Grandville

4651 36th Street
Grandville, MI 49418
616-532-0202

\$148.49/night plus taxes (Double Queens)
Group Name: Xcel Regional Gymnastics Competition
Reservation Deadline: April 1, 2020

Springhill Suites by Marriott - Grand Rapids West

4274 Parkway Place
Grandville, MI 49418
616-649-4733

\$119/night (King Suite or Double Queen Suite)
Group Name: Champion Gymnastics
Reservation Deadline: April 3, 2020