

Champion Gymnastics USA

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The gym is closed Monday, July 5th

Summer program 2021

Starts: June 3rd, 2021

Ends: August 26th, 2021

Smart Gym

Our Smart Gym program is a developmental preschool gymnastics program designed for children from ages 18 months to 5 years old. Smart gym included Mommy & Me, Wee Bees, Busy Bees and Kinder Bees.

Mommy and Me is a class designed for children from ages 18 months to 3 years old. Parents will be involved in this class with your child. The class is 45 minutes long and meets upstairs in our preschool gym.

Monday 5:40 PM – Brian

Tuesday 10:50 AM – Brian

Wednesday 10:50 AM - Brian

Wednesday 5:00 PM – Janel

Thursday 9:00 AM – Janel

Thursday 6:30 PM – Kelly

Wee Bees is a class designed for 3 year olds.

This class is 45 minutes long and meets in our upstairs preschool gym.

Monday 4:55 PM – Brian

Tuesday 9:00 AM – Brian

Wednesday 9:55 AM – Brian

Thursday 11:00 AM – Janel

Thursday 4:30 PM – Kelly

Busy Bees is a class designed for 4 year olds.

The class is 45 minutes long and meets upstairs in our preschool gym.

Monday 4:00 PM – Brian

Tuesday 9:55 AM – Brian

Tuesday 5:30 PM – Janel

Wednesday 9:00 AM – Brian

Wednesday 6:00 PM – Janel

Thursday 10:00 AM – Janel

Thursday 5:30 PM – Kelly

Kinder Bees is a class designed for 5-6 year olds that are in or entering Kindergarten. This class is 55 minutes long and meets in our upstairs preschool gym.

Monday 3:00 PM – Brian

Tuesday 11:45 AM – Brian

Tuesday 4:00 PM – Noelle

Tuesday 6:25 PM – Janel

Wednesday 11:45 AM – Brian

Wednesday 6:55 PM – Janel

Thursday 7:25 PM – Kelly

Level One. This class teaches introductory gymnastics for ages 6 and up. This is the perfect class for girls with little to no gymnastics experience. Level One classes meet in the main gym and the classes are either 1 or 1.5 hours.

Monday 4:00 PM – Noelle

Monday 5:10 PM – Noelle

Monday 6:15 – Noelle

Tuesday 1:00 PM – Brian

Tuesday 4:00 PM – Maggie

Tuesday 5:05 PM – Maggie

Wednesday 3:05 PM – Brian

Wednesday 4:15 PM – Noelle

Wednesday 5:20 PM – Maggie

Thursday 3:00 PM, **1.5 hours** – Brian

Thursday 4:15 PM – Maggie

Thursday 5:20 PM – Maggie

Level Two. This class is the next step for girls that have completed Level One. You must have passed Level One or have staff recommendation to enroll in this class. This class is 1 hour, 1.5 or 2 hours and meets in the main gym.

Monday 4:00 PM – Maggie

Monday 6:50 PM, **1.5 hours** – Maggie

Tuesday 2:05 PM – Brian

Tuesday 5:05 PM, **2 hours** – Noelle

Tuesday 7:10 PM – Noelle

Wednesday 1:00 PM, **2 hours** – Brian

Wednesday 4:15 PM – Maggie

Wednesday 6:25 PM, **2 hours** – Maggie

Thursday 4:40 PM – Brian

Level Three. This class is the next step for girls that have completed Level Two. This class is 1, 1.5 or two hours and meets in the main gym.

Monday 5:10 PM, **1.5 hours** – Maggie

Monday 7:20 PM – Noelle

Tuesday 6:10 PM, **2 hours** – Maggie

Wednesday 5:20 PM – Noelle

Wednesday 6:25 PM, **2 hours** – Noelle

Thursday 6:25 PM, **1.5 hours** – Maggie

Level Three/Four. This class is for girls working Level 3 and Level 4 and meets in the main gym.

Tuesday 3:15 PM, **1.5 hours** – Brian

Level Four. This class is for girls working on Level 4 skills. It is a 2 hours class and meets in the main gym.

Thursday 6:00 PM, **2 hours** - Brian

Boys Only. This is an explorative gymnastics class for boys only ages 6 and older. The class meets in the main gym

Tuesday 7:30 PM - Janel